

EBCC Gym Schedule

July 11-31

	Monday	Monday Tuesday		Wednesday		Thursday		Friday		Saturday	Sunday	
5:30am		Open Gym 5:30-7:30		Open Gym		Open Gym 5:30-7:30		Open Gym 5:30-7:30				
6:00am	Open Gym 5:30-7:00			Drop-in Sports Conditioning 6:00-6:45 Bootcamp								
6:30am	5.50-7.00											
7:00am	Bootcamp											
7:30am	7:00-8:00				7:00-8:00					Open Gym		
8:00am		Camp 7:30-12:00		Camp 8:00-12:00			Camp	Camp		Drop-in Carve		
8:30am							7:30-			8:00-9:00		
9:00am							10:00			Drop-in Carve 9:00-10:00		
9:30am												
10:00am								7:30-	12:00		Open Gym 8:30-2:00	
10:30am							Open					
11:00am												
11:30am										Open Gym 10:00-1:30	0.30 2.00	
12:00pm		Open Gym 12:00-1:00		Open Gym 12:00-1:00			Gym 10:00-	Open Gym 12:00-1:00		10.00 1.30		
12:30pm	Camp											
1:00pm	8:00-5:45						3:00		Open			
1:30pm			1:00-		Open			Camp 1:00-	gym			
2:00pm		Camp 1:00-5:45	3:00 Open Gym 3:00- 5:45	Camp 1:00- 5:45	Gym (one half) 1:00- 6:00 only on 7/29			5:45	(1/2) on 7/22	Quad Rugby 1:30-3:30	Drop-in Pickleball 2:00-4:00	
2:30pm												
3:00pm												
3:30pm										Open Gym 3:30-6:00		
4:00pm							mp				Drop- in	Open
4:30pm						/:30-	5:45					
5:00pm												
5:30pm											BBall 4:00 -	Gym
6:00pm		Open Gym 5:45-9:30		Open Gym 5:45-9:30		Open Gym 5:45-9:30		Open Gym 3:00-7:00			6:00	4:00-
6:30pm												8:00
7:00pm								Drop-in Co-Ed Vball 7:00-9:15			Ĺ	
7:30pm	Open Gym											
8:00pm	5:45-9:30											
8:30pm								7:00	9:15			
9:00pm												
9:30pm												